



SURVEY INSTRUMENT TO STUDY INTERNET USAGE DURING COVID-19

The following questionnaire can be used to assess the ways in which the usage of internet, including social media, has changed during the COVID-19 pandemic. The survey can be administered using Outline India's remote surveying tool *Track Your Metrics*.

No.	Questions	Type	Options	Relevance
Section 1 - General Information				
1	Name	Text		
2	Age (in years)	Numeric		
3	Gender	Single_multiple	1.Male 2.Female	
4	Marital status	Single_multiple	1.Married 2.Unmarried 3.Divorced 4.Widow	
5	Which of the following option currently applies to you?	Single_multiple	1.Full-time employed 2.Part-time employed 3.Self employed 4.Unemployed 5.Homemaker 6.Student 7.Other	
5.A	Were you laid-off due to the coronavirus situation?	Single_multiple	1.Yes 2.No	If Q5=4
5.B	Are you currently 'working from home'?	Single_multiple	1.Yes 2.No	If Q5=1,2
5.C	Are you working for longer hours than usual, compared to pre-COVID?	Single_multiple	1.Yes 2.No	If Q5.B=Yes
6	Are you currently living alone?	Single_multiple	1.Yes 2.No	
Section 2 – Internet Habits Pre & Post-COVID				
7	How many devices do you currently use which are connected to the internet?	Numeric		
7.A	Have you purchased any new device(s) that can be connected to the internet during the pandemic?	Single_multiple	1.Yes 2.No	
8	Have you altered the internet plan you use at home due to the coronavirus situation?	Single_multiple	1.Yes 2.No	
8.A	Select the option(s) that apply	Single_multiple	1.Increased GBs 2.Increased speed	If Q8=Yes



			3.Cancelled connection 4.Changed service provider	
9	For which of the following purposes do you spend the most time on the internet?	Single_multiple	1.Work 2.News 3.Entertainment 4.Connect to family/friends 5.Other	
9.A	Has your workplace/ employer offered to pay for your internet connection during this time?	Single_multiple	1.Yes 2.No	If Q9=1
9.B	Please specify	Text		If Q9=5
10	Which of the following internet platforms have you been active on during the pandemic?	Single_multiple	1.WhatsApp, Telegram or other such instant messaging platforms) 2.Facebook 3.Instagram/ Snapchat 4.Twitter 5.Medium, WordPress or other such online blogging websites 6.Zoom, Google Meet or other such video conferencing platforms	
10.A	Did you join any new internet/ social media platform during the pandemic?	Single_multiple	1.Yes 2.No	
11	Did you start any new activity on the internet during the pandemic such as playing online games, writing a new online blog, etc?	Single_multiple	1.Yes 2.No	
11.A	Please specify	Text		If Q11=Yes
12	Do you currently subscribe to any of the online streaming services such as Netflix, Hotstar, Amazon Prime, etc?	Single_multiple	1.Yes 2.No	
12.A	Did you newly subscribe to any of the online streaming services during the pandemic?	Single_multiple	1.Yes 2.No	If Q12=Yes
13	Do you feel like you have been spending more time than usual on the internet during the pandemic?	Single_multiple	1.Yes 2.No	
14	Have you been worried about spending too much time on the internet during the pandemic?	Single_multiple	1.Yes 2.No	
15	Have the people you live with ever complained about you spending too much time on the internet during the pandemic?	Single_multiple	1.Yes 2.No	If Q6=No



16	Have you ever neglected a personal/ household chore/ task due to being on the internet during the pandemic?	Single_multiple	1.Yes 2.No	
17	Do you feel like spending too much time on the internet has negatively impacted any of your inter-personal relations during the pandemic?	Single_multiple	1.Yes 2.No	
18	Do you feel that being on the internet has kept you connected to your family and friends while practicing self-isolation during the pandemic?	Single_multiple	1.Yes 2.No	
19	Has being on the internet during the pandemic ever made you feel lonely, depressed or anxious?	Single_multiple	1.Yes 2.No	
20	Have you used a mobile application to monitor the number of hours you spend on the internet during the pandemic?	Single_multiple	1.Yes 2.No	
21	Have you uninstalled a mobile application/ deleted an online account because you were worried about spending too much time on the internet during the pandemic?	Single_multiple	1.Yes 2.No	
22	Do you have any days of the week or any time period during the day reserved for being disconnected from the internet during the pandemic?	Single_multiple	1.Yes 2.No	
23	What other practices/habits have you followed to regulate the amount of time you spend on the internet during the pandemic?	Text		
24	How often in a week have you been stepping out of the house during the pandemic?	Numeric		
25	Have you been able to engage in any physical activities/ exercises during the pandemic?			